



## Quick Reference Guide

- Price:** \$1,600 per person, including airfare up to \$700 per person
- Deadlines:** \$100 per team member deposit due immediately  
\$800 plus any airfare overage per team member due 72 days before the trip departure  
\$700 per team member due 16 days before the trip departure
- Documents:** A valid U.S. Passport or valid Foreign Passport and Jamaican Visa (if necessary)  
Signed & Notarized Won By One To Jamaica Participation Form  
Short-term mission insurance documentation

**Won By One To Jamaica Trip Leadership:**  
Josh Shaffer, Bryan Fellers, and Loyd Jackson

**Won By One To Jamaica:**  
Won By One To Jamaica is a 501(c)3 missions organization that has been doing ministry in Harmons since 1991. Won By One To Jamaica facilitates groups of high school students, college students, and adults throughout the year.

**Location:** *Harmons, Jamaica*, a small mountain village of 3,000 people in the south central Parish of Manchester, Jamaica.  
3 hours from Montego Bay; 45 minutes from Mandeville.

**Transportation:** *To Jamaica* – Various airlines to Montego Bay  
*In Jamaica* – Two 27-passenger coaster buses and 15-passenger van and trailer will be used to help move the team, luggage and building materials throughout the island.

**Accommodations:** *In Harmons* - Harmony House, constructed in 2001 with large meeting room, kitchen, two team dorm rooms, staff rooms,

covered courtyard, deck, gardens, running filtered water, toilets, showers, and electricity.

*In Montego Bay – Doctors Cave Beach Hotel*

- Price includes:** Roundtrip airfare between home airport and Montego Bay, Jamaica up to \$700 per person; all transportation on the island; lodging in the Harmony House; all meals at the Harmony House; all building materials in Harmons; trip to the Clarendon Infirmary in Maypen; all wages paid to Jamaican laborers; one-night stay at Doctors Cave Beach Hotel; final dinner in Montego Bay.
- Price excludes:** Passport fees, luggage fees, short-term mission insurance (required), lunch and shopping on the North Coast, meals during travel days.
- Communication:** An emergency phone number will be given to the team leader if an extreme emergency arises. Participants and their families should be adequately prepared that personal phone calls will not be possible during the trip for any reason other than a true emergency. Nor will internet access be available. Team photos will be posted daily to Won By One to Jamaica's Facebook page.
- Luggage:** Each team member is asked to bring two 50-pound bags as checked luggage and two carry-on bags with their personal items. We ask that teams only gather suitcases which can be left in Harmons. Most airlines have fees for checked luggage which will need to be covered by the individual or the group and paid for at the airport.
- Immunizations:** Up-to-date Tetanus and Hepatitis A is recommended.
- Safety:** Safety is of the utmost importance. Participants will work and travel in groups and be in communication with leaders. Rules of appropriate behavior are communicated with both Americans and Jamaicans.
- Harmons:** Harmons is an under-resourced community with nearly 2 of every 3 people under-employed. Because of expense and its remote location, consistent education past the 6<sup>th</sup> grade is often difficult. Money for basic needs (food, clothes, toiletries, medical treatment and home improvements) is limited. One practical objective of our mission trips is to help alleviate some of the physical hardships the citizens of Harmons experience every day.

## Serving Opportunities:

Each day the team will split into work groups ranging from two to twenty people.

Some of the projects you will work on are as follows:

### Construct houses

During the week, one to three 12' by 15' houses will be constructed. Jobs include carrying marl, framing the foundation, mixing and pouring concrete, assembling the wall panels, applying concrete to the walls, installing windows and doors, attaching the zinc roof, and dedicating it to the new family.

### Construct bathrooms and kitchens

Using similar construction methods to building houses, bathrooms and kitchens will be added to homes that desperately need them.

### Carry marl

Marl, or crushed limestone rock, is the basic ingredient for making concrete and needs to be carried in bags to future home work sites ... usually uphill.

### Sort supplies

The hundreds of pounds of clothes, medicine, school supplies, and toiletries that each team brings need to be sorted and then placed in the thrift store next to the Harmony House. "Blessings In Store" is open year-round and run by local Jamaicans. Items are priced individually and it is open to the public each day.

### Repair homes

Most houses are in desperate need of repair. Walls need reinforcement; rusted zinc roof panels need replacement.

### Assist schools

During the school year (September-June), some team members will have the opportunity to go into Primary (Grades 1-6) or Basic (3-5 years old) schools in the community. They will help provide Art, Music, and PE experiences to the students with guided lesson plans and a gospel connection.

### Reading Pals

Some team members will participate in our Reading Pals program which is a one-on-one program with Primary School students to help increase literacy skills. Games and books are provided for these sessions.

## Faith Walks

Guided by a local Jamaican, small groups will walk in the community and have the opportunity to meet people, offer to pray for them, share with them, and also learn from them.

## Spiritual Background:

Jamaica has a strong religious history, boasting more churches per square mile than any other country in the world, as well as being home to hundreds of different denominations. Religious classes are mandatory in all public schools from elementary to college. However, many Jamaican churches tend to be legalistic. One typically is not welcomed within the Church body without first 'cleaning up' their life. Salvation can often be seen as conditional and is connected to whether one is successful in sin management.

## Evangelism:

With the above in mind, our ministry strives to build relationships with the people in the Harmons Valley. Through discussions on work sites to time in the courtyard, we spend time getting to know Jamaicans and then using those relationships to share the free gift of Christ's salvation with them. Because of our long-term commitment to the Harmons area, this style of evangelism is possible. We greatly encourage participants to think about and prepare a way for each of them to share their story or short testimony about how God has moved in their lives, in order to be ready to share with Jamaicans.

## North Coast:

At the end of the week, the team will leave the Harmony House and drive to the North Coast. The group will check into Doctors Cave Beach Hotel. The afternoon is open for time at the beach, lunch, shopping, etc. That evening, dinner will be held poolside followed by a final team meeting and reflection time. The next morning, a continental breakfast is provided before departing for the airport.

## Conditions:

This trip may require more walking and lifting than most Americans are normally used to and will be physically exhausting. We encourage team members to do whatever they can to improve their cardiovascular condition.

## Money:

*There is no need to exchange money.* We recommend team members bring \$100-\$200 cash, depending on how much money they plan to spend on souvenirs, drinks, etc. You will want to bring some small bills (1's, 5's, 10's) for sodas sold at the Harmony House. An opportunity will be given to each team to help with a local Jamaican

family in need. We recommend bringing a check that can be used at Craft Night and for the optional donation. Credit cards will be accepted but will incur a 5% surcharge.

**Health Issues:** If anyone on your team has a significant health issue, please e-mail our Communication Director, Wendy Hall, at [wendy@wonbyonetojamaica.com](mailto:wendy@wonbyonetojamaica.com) at least a month before your trip so appropriate precautions can be taken on the ground in Jamaica.

**Items to pack:** These fall into three categories: team items, personal items, and give-away items.

1. Personal items:

These are items that each person should bring for their own use. Many of these items can be left in Harmons after the team leaves. In the “Important Information” packet is a list of what to pack and how to pack so each team member knows what to bring and what not to bring. These items should only be packed in carry-on luggage (a small, roll-on suitcase and a backpack).

2. Team items:

Some food/kitchen items are difficult to find in Jamaica and are very expensive. Because of this, we ask each team member to pack a couple of items from the States. This standard list will be given to each group a month before departure. In addition, every team member should bring one box of their favorite breakfast cereal (or other item for your breakfast), one can of green beans, one can of corn, and two rolls of toilet paper.

3. Donated items:

These items will make up the vast majority of the two checked bags. Items can be collected throughout the year. Collecting specific items is an excellent way to include others in the mission trip experience. The items that should be gathered are on the following page. The ministry of WBOTJ uses these items in our thrift shop, “Blessings In Store,” to help support the community in practical, physical ways.

**Please Note:** This is an alcohol-free and drug-free trip. Due to cultural sensitivities and the impression this makes on the community, we ask that all participants refrain from taking part in these things.

**Donated items to fill your check-in suitcases:  
The #1 requested and needed item are children's clothes.  
Underlined items are also greatly needed.**

**TOOLS**

Heavy-duty brick trowels, paint brushes, framing hammers, handsaws, heavy electrical cords, new power tools, drill bits, screw bits, 25' tape measures (Please only bring quality, name brand tools, the cheaper tools will not hold up. It would be better to bring 1 good tool rather than several cheap ones.)

**SCHOOL SUPPLIES**

backpacks, hard black composition books, dry erase markers, crayons, loose leaf notebook paper, pencils, pens, markers, school glue, rulers, scissors, tape, construction paper

**SHOES**

any shoes in good condition, work boots, adult soccer shoes, black leather school shoes, children's shoes, flip flops, high heels, any type of women's shoes

**TOILETRIES (huge need for these)**

baby powder, shampoo, lotions, toothbrushes, toothpaste, bar soap, adult diapers, baby lotion, body wash, 2-in-1 shampoo and conditioner

**MEDICINE**

adult and children's cold medicine, pain reliever, anti-fungus cream, pin worm medicine, gauze, Band-Aids, antibiotic creams, bandages, muscle rub, cough syrup, first aid kits, adult and children's vitamins

**HOUSEWARES**

All sizes of bed sheets, pillowcases, towels and small washcloths, hard plastic plates & bowls, silverware, any pots and pans, sharp knives, dish towels, inexpensive irons, small kitchen appliances

**CLOTHES**

gently used or new clothes, children clothes (especially boys' clothes), new underwear & socks, infant clothes, adult clothes (Jamaica is a tropical climate, so do not pack winter clothes), any type of soccer gear – especially adult-sized soccer equipment, men's pants, men's cargo and athletic shorts (especially size 30 & 32) men's sizes can range 26-38 but nothing larger, women's shorts, dresses, capris, nightgowns, t-shirts (but avoid primarily white t-shirts)

**MISCELLANEOUS**

batteries, watches, radios of any kind, toys, padlocks, hats, jewelry, soccer balls (no footballs or baseballs), flashlights, gallon-sized Ziploc bags, hats, purses, bags (especially huge, oversized bags and purses), neckties, duct tape

**ITEMS NOT TO PACK** (all are items that have come down over the years)

bowling balls, electric blankets, humidifiers, one shoe, heavy winter jackets, dog clothing

# Sample Trip Itinerary

Events and their order are subject to change

## **Sunday**

Team departs home airport and arrives in Montego Bay, Jamaica  
Transport team and luggage to Harmons  
Dinner upon arrival – Welcome, Unpack, Leaders meeting

## **Monday**

Breakfast, Orientation, Harmons walking tour  
Lunch, Serving opportunities  
Dinner, Team meeting, Courtyard event

## **Tuesday**

Breakfast, Morning devotions, Serving opportunities  
Lunch, Serving opportunities  
Dinner in local Jamaican homes, Team meeting

## **Wednesday**

Breakfast, Morning devotions, Serving opportunities  
Lunch, Transport team to May Pen – Clarendon Infirmary  
Dinner, Team meeting, Courtyard event

## **Thursday**

Breakfast, Morning devotions, Serving opportunities  
Lunch, Serving opportunities  
Dinner, Team meeting, Group time

## **Friday**

Breakfast, Morning devotions, Complete serving opportunities  
Dedicate houses, Lunch, Free time activity with the community  
Dinner, Farewell Event, Harmons Craft Market

## **Saturday**

Breakfast, Transport team to the North Coast, check in to the hotel  
Free time (lunch, beach, pool, shop, etc.)  
Team dinner, Final team share time

## **Sunday**

Continental breakfast at the hotel, possible free time depending on flight time  
Transport team to the airport  
Team departs Montego Bay (MBJ) and arrives home

