



Quick Reference Guide

- 2018 Price: \$1,600 per person, including airfare up to \$700 per person
- Deadlines: \$100 per team member deposit due immediately
\$800 per team member due 72 days before the trip departure
\$700 per team member due 16 days before the trip departure
- Documents: A valid U.S. Passport or valid Foreign Passport and Jamaican Visa (if necessary)
Signed & Notarized Won By One To Jamaica Participation Form
- Won By One To Jamaica Trip Leadership:
Josh Shaffer, Bryan Fellers, Loyd Jackson, and David & Lauren Ek
- Won By One To Jamaica:
Won By One To Jamaica is a 501(c)3 missions organization that has been doing ministry in Harmons since 1991. Won By One To Jamaica facilitates groups of high school students, college students, and adults throughout the year.
- Location: *Harmons, Jamaica*, a small mountain village of 3,000 people in the south central Parish of Manchester, Jamaica.
3 hours from Montego Bay; 45 minutes from Mandeville.
- Transportation: *To Jamaica* – Various airlines to Montego Bay
In Jamaica – Two 28-passenger coaster buses and 15-passenger van and trailer will be used to help move the team, luggage and building materials throughout the island.
- Accommodations: *In Harmons* - Harmony House, constructed in 2001 with large meeting room, kitchen, two team dorm rooms, staff rooms,

covered courtyard, deck, gardens, running filtered water, toilets, showers, and electricity.

In Montego Bay – Doctors Cave Beach Hotel

- Price includes:** Roundtrip airfare between home airport and Montego Bay, Jamaica;* all transportation on the island; accommodation in the Harmony House; all meals at the Harmony House; all building materials in Harmons; trip to the Clarendon Infirmary in Maypen; all wages paid to Jamaican laborers; accommodation at Doctors Cave Beach Hotel; final dinner in Montego Bay.
*Groups originating from airports that require an overnight flight shall incur a per-person surcharge.
- Price excludes:** Passport fees, luggage fees, immunizations, short-term mission insurance (required), lunch and shopping on the North Coast, meals during travel days.
- Communication:** An emergency phone number will be given to the team leader if an extreme emergency arises. Participants and their families should be adequately prepared that personal phone calls will not be possible during the trip for any reason other than a true emergency. Nor will internet access be available.
- Luggage:** Each team member is required to bring two 50-pound bags as checked luggage and two carry-on bags with their personal items. We ask that teams only gather suitcases which can be left in Harmons. Most airlines have fees for checked luggage which will need to be covered by the individual or the group and paid for at the airport.
- Immunizations:** Up-to-date Tetanus is required; Hepatitis A is recommended
- Safety:** Safety is of the utmost importance. Participants will always work and travel in groups. Rules of appropriate behavior are communicated with both Americans and Jamaicans.
- Harmons:** Harmons is an under-resourced community with about 2 of every 3 people under-employed. Because of expense and its remote location, consistent education past the 6th grade is often difficult. Quality medical treatment is lacking and money for basic needs (food, clothes, shoes, toiletries, and home improvements) is limited. One practical

objective of our mission trips is to help alleviate some of the physical hardships the citizens of Harmons experience every day.

Serving Opportunities:

Each day the team will split into work groups ranging from two to twenty people.

Some of the projects you will work on are as follows:

Construct houses

During the week, one to three 12' by 15' houses will be constructed. Jobs include carrying marl, framing the foundation, mixing and pouring concrete, assembling the wall panels, applying concrete to the walls, installing windows and doors, attaching the zinc roof, and dedicating it to the new family.

Carry marl

Marl, or crushed limestone rock, is the basic ingredient for making concrete and needs to be carried in bags to future home work sites ... usually uphill.

Sort supplies

The hundreds of pounds of clothes, medicine, school supplies, and toiletries that each team brings need to be sorted and then placed in the store in the Harmony House. "Blessings In Store" is now open year-round and run by local Jamaicans. Items are priced individually and it is open to the public each day.

Repair homes

Most houses are in desperate need of repair. Walls need reinforcement; rusted zinc roof panels need replacement.

Assist schools

Two Primary Schools (1st-6th grades) and two Basic schools (3-5 years old) are within close proximity to the Harmony House. When school is in session, a couple of team members will have the opportunity to help the under-resourced teachers with their classes or deliver school supplies.

Tutoring stations

During the Summer Break, Tutoring Bags are available at the Harmony House and can be taken to the worksites. These can be used by team members to use available downtime to read and do basic math with children who are at the worksites.

Spiritual Background:

Jamaica has a strong religious history, boasting more churches per square mile than any other countries in the world, as well as being home to hundreds of different denominations. Religious classes are mandatory in all public schools from elementary to college. However, many Jamaican churches tend to be legalistic. One typically is not welcomed within the Church body without first 'cleaning up' their life. Salvation can often be seen as conditional and is connected to whether one is successful in sin management.

Evangelism:

With the above in mind, our ministry strives to build relationships with the people in the Harmons Valley. Through discussions on work sites to time in the courtyard, we spend time getting to know Jamaicans and then using those relationships to share the free gift of Christ's salvation with them. Because of our long-term commitment to the Harmons area, this style of evangelism is possible. We greatly encourage participants to think about and prepare a way for each of them to share their story or short testimony about how God has moved in their lives, in order to be ready to share with Jamaicans.

North Coast:

At the end of the week, the team will leave the Harmony House and drive to the North Coast. The group will check into Doctors Cave Beach Hotel. The afternoon is open for time at the beach, lunch, shopping, etc. That evening, dinner will be held poolside followed by a final team meeting and reflection time. The next morning, a continental breakfast is provided before departing for the Montego Bay airport.

Conditions:

This trip will require a great deal more walking and lifting than most Americans are normally used to and will be very physically exhausting. We encourage team members to do whatever they can to get in better cardiovascular condition.

Money:

There is no need to exchange money at the airport. We recommend team members bring \$100-\$200 cash, depending on how much money they plan to spend on souvenirs, drinks, etc. You will want to bring some small bills (1's, 5's, 10's) for smoothies and sodas sold at the Harmony House. An opportunity will be given to each team to help with a local Jamaican family in need. We recommend bringing a check that can be used at Craft Night and for the opportunity. Credit cards will be accepted but will incur a 4% surcharge.

Health Issues: If anyone on your team has a significant health issue, please e-mail our Communication Director, Wendy Hall, at wendy@wonbyonetojamaica.com at least a month before your trip so appropriate precautions can be taken on the ground in Jamaica.

Items to pack: These fall into three categories: team items, personal items, and give-away items.

1. Personal items:

These are items that each person should bring for their own use. Many of these items can be left in Harmons after the team leaves. In the “Important Information” packet is a list of what to pack and how to pack so each team member knows what to bring and what not to bring. These items should only be packed in carry-on luggage (a small, roll-on suitcase and a backpack).

2. Team items:

Some food/kitchen items are difficult to find in Jamaica and are very expensive. Because of this, we ask each team member to pack a couple of items from the States. This standard list will be given to each group a month before departure. In addition, every team member should bring one box of their favorite breakfast cereal (or other item for your breakfast), one can of green beans, one can of corn, and two rolls of toilet paper.

3. Donated items:

These items will make up the vast majority of the two checked bags. Items can be collected throughout the year. Collecting specific items is an excellent way to include others in the mission trip experience. The items that should be gathered are on the following page. The ministry of WBOTJ uses these items in our thrift shop – Blessings In Store – to help support the community in practical, physical ways.

Please Note: This is an alcohol-free and drug-free trip. Due to cultural sensitivities and the impression this makes on the community, we ask that all participants refrain from taking part in these things.

**Donated items to fill your check-in suitcases:
The #1 requested and needed item are children's clothes.
Underlined items are also greatly needed.**

TOOLS

Heavy-duty brick trowels, paint brushes, framing hammers, handsaws, heavy electrical cords, new power tools, drill bits, screw bits (Please only bring quality, name brand tools, the cheaper tools will not hold up. It would be better to bring 1 good tool rather than several cheap ones.)

SCHOOL SUPPLIES

backpacks, hard black composition books, notebooks, pencils, pens, markers, school glue, rulers, scissors, tape, construction paper

SHOES

any shoes, work boots, adult soccer shoes, black leather school shoes, children's shoes, flip flops, high heels, any type of women's shoes

TOILETRIES (huge need for these)

baby powder, shampoo, lotions, toothbrushes, toothpaste, bar soap, adult diapers, baby lotion, body wash, 2-in-1 shampoo and conditioner

MEDICINE

adult and children's cold medicine, pain reliever, anti-fungus cream, pin worm medicine, vitamins, gauze, Band-Aids, antibiotic creams, bandages, muscle rub, cough syrup, first aid kits, adult and children's vitamins

HOUSEWARES

All sizes of bed sheets, pillowcases, towels and small washcloths, hard plastic plates & bowls, silverware, any pots and pans, sharp knives, dish towels, inexpensive irons, small kitchen appliances.

CLOTHES

gently used or new clothes, children clothes (especially boys' clothes), new underwear & socks, infant clothes, men's pants, adult clothes (Jamaica is a tropical climate, so do not pack winter clothes), any type of soccer gear – especially adult-sized soccer equipment, men's cargo and athletic shorts (especially size 30, 32) men's sizes can range 26-38 but nothing larger, women's shorts, dresses, capris, nightgowns, no primarily white t-shirts

MISCELLANEOUS

AAA, AA, C & D-size batteries, watches, radios of any kind, toys, padlocks, hats, jewelry, soccer balls (no footballs or baseballs), extra flashlights & batteries, Gallon-size Ziploc bags, hats, purses, bags (especially huge, oversized bags and purses), neckties, Duck tape

ITEMS NOT TO PACK (all are items that have come down over the years)

bowling balls, electric blankets, humidifiers, one shoe, heavy winter jackets, dog toys

Sample Trip Itinerary

Events and their order are subject to change

Sunday

Team departs home airport and arrives in Montego Bay, Jamaica

Transport team and luggage to Harmons

Dinner upon arrival – Welcome, Unpack, Leaders meeting

Monday

Breakfast, Orientation, Harmons walking tour

Lunch, Serving opportunities

Dinner, Team meeting, Courtyard event

Tuesday

Breakfast, Morning devotions, Serving opportunities

Lunch, Serving opportunities

Dinner in local Jamaican homes, Team meeting

Wednesday

Breakfast, Morning devotions, Serving opportunities

Lunch, Transport team to May Pen – Clarendon Infirmary

Dinner, Team meeting, Courtyard event in the community

Thursday

Breakfast, Morning devotions, Serving opportunities

Lunch, Serving opportunities

Dinner, Harmons Craft Market, Team meeting

Friday

Breakfast, Morning devotions, Complete serving opportunities

Dedicate houses, Lunch, Free time activity with the community

Dinner, Farewell Event, Team Experience

Saturday

Breakfast, Transport team to the North Coast, check in to the hotel

Free time (lunch, beach, pool, shop, etc.)

Team dinner, Final team share time

Sunday

Continental breakfast at the hotel, possible free time depending on flight time

Transport team to the airport

Team departs Montego Bay (MBJ) and arrives home

